

A misty mountain valley with a river flowing through a rocky gorge. The scene is atmospheric and serene, with soft light filtering through the fog. The river is a bright white line cutting through the dark, rocky terrain. The mountains are steep and covered in dense vegetation, though partially obscured by the mist. The overall mood is one of quiet reflection and natural beauty.

# THE WORD Behind The Words

31 DAYS OF PRAYING  
SCRIPTURE FOR  
COMMUNION WITH  
GOD

# Table of Contents

How to Use This Guide .....	
Day 1 .....	1
Day 2 .....	2
Day 3 .....	3
Day 4 .....	4
Day 5 .....	5
Day 6 .....	6
Day 7 .....	7
Day 8 .....	8
Day 9 .....	9
Day 10 .....	10
Day 11 .....	11
Day 12 .....	12
Day 13 .....	13
Day 14 .....	14
Day 15 .....	15
Day 16 .....	16
Day 17 .....	17
Day 18 .....	18
Day 19 .....	19
Day 20 .....	20
Day 21 .....	21
Day 22 .....	22
Day 23 .....	23
Day 24 .....	24
Day 25 .....	25
Day 26 .....	26
Day 27 .....	27
Day 28 .....	28
Day 29 .....	29
Day 30 .....	30
Day 31 .....	31

## How to Use This Guide

If you are like me, you may find it difficult to pray every day for more than a few minutes. If so, then I believe the spiritual discipline of praying Scripture back to God can help you. Our Lord Jesus Himself prayed Scripture to His Father while on the cross (Mark 15:34; Luke 23:46).

This guide is designed to help you pray various passages of Scripture every day. There are 31 daily readings that can be used each month throughout the year. Each daily reading is broken up into 7 sections. As you read each section, respond to God in prayer as He leads you. Here is a breakdown on how each section can be used to guide your time of prayer:

### **Trinitarian Reflection**

This section lists a name/title for each member of the Trinity that is found in Scripture. Read each one and spend a few moments mediating on how that particular name reflects the person of God.

### **Confession of Sin**

This section contains a passage about sin that should lead you to a time of confession to God, while also creating space to receive His forgiveness.

### **Characteristic of God for Praise**

This section lists one of God's characteristics as revealed in Scripture to move you to praise God for who He is.

### **Ancient Prayers and Hymns**

In ancient times, the biblical authors recorded various prayers and songs used by the people of God. Let their prayers and hymns become yours. This section will usually be longer than the other sections.

### **Daily Affirmation in Christ**

This section contains a biblical truth about who you are in Christ because of what He has accomplished through the Gospel. Let this be your daily reminder of the Good News.

### **Scripture to Pray Without Ceasing**

This section contains short prayers from Scripture that you can memorize quickly and take with you throughout the day. The hope is that by repeating these short prayers throughout your day, you will be better equipped to "pray without ceasing" (1 Thessalonians 5:17).

### **Benediction**

A benediction is a prayer for God's help and blessing, and these are typically found at the end of the New Testament epistles. Let this section be the closing prayer as you conclude your time with God.

It is my hope that this guide will be beneficial to your prayer life and that it will lead you to a greater communion with God. The Lord bless you and keep you.

-Carey Bryant  
TheologyInMotion.com

# Day 1

## Trinitarian Reflection

**Father:** I Am Who I Am (Exodus 3:14; 34:6)\*

**Son:** Advocate (1 John 2:1)

**Spirit:** The Eternal Spirit (Hebrews 9:14)

## Confession of Sin

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin! (Psalm 51:1-2)

## Characteristic of God for Praise

### God is SELF-SUFFICIENT.

The God who made the world and everything in it, being Lord of heaven and earth, does not live in temples made by man, nor is he served by human hands, as though he needed anything, since he himself gives to all mankind life and breath and everything. (Acts 17:24-25)

## Ancient Prayers and Hymns

### Yours is the Kingdom, A Prayer of David (1 Chronicles 29:10-13)

Blessed are you, O Lord, the God of Israel our father, forever and ever. Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all. Both riches and honor come from you, and you rule over all. In your hand are power and might, and in your hand it is to make great and to give strength to all. And now we thank you, our God, and praise your glorious name.

## Daily Affirmation in Christ

### In Christ, I Have Eternal Life.

Truly, truly, I say to you, whoever hears my word and believes him who sent me has eternal life. He does not come into judgment, but has passed from death to life. (John 5:24)

## Scripture to Pray Without Ceasing

God, be merciful to me, a sinner. (Luke 18:13)

## Benediction

The Lord bless you and keep you; the Lord make his face to shine upon you and be gracious to you; the Lord lift up his countenance upon you and give you peace. (Numbers 6:24-26)

---

*\*All Scripture references are from The Holy Bible, English Standard Version® (ESV®) Copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. All rights reserved.*

# Day 2

## Trinitarian Reflection

**Father:** God Almighty (Genesis 17:1)

**Son:** The Head of the Church (Ephesians 5:23)

**Spirit:** The Spirit of Jesus (Acts 16:7)

## Confession of Sin

Let not sin therefore reign in your mortal body, to make you obey its passions. (Romans 6:12)

## Characteristic of God for Praise

### God is SOVEREIGN.

He who is the blessed and only Sovereign, the King of kings and Lord of lords, who alone has immortality, who dwells in unapproachable light, whom no one has ever seen or can see. To him be honor and eternal dominion. Amen. (1 Timothy 6:15-16)

## Ancient Prayers and Hymns

### Jesus Christ is Lord, A Hymn of Paul (Philippians 2:5-11)

Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

## Daily Affirmation in Christ

### In Christ, I am a Friend of God.

No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. (John 15:15)

## Scripture to Pray Without Ceasing

I believe, help my unbelief! (Mark 9:24)

## Benediction

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all. (2 Corinthians 13:14)

# Day 3

## Trinitarian Reflection

**Father:** The Lord Will Provide (Genesis 22:14)

**Son:** Apostle and High Priest of our Confession (Hebrews 3:1)

**Spirit:** The Helper (John 14:26)

## Confession of Sin

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:9)

## Characteristic of God for Praise

**God is INCOMPARABLE.**

To whom then will you compare me, that I should be like him? says the Holy One. Lift up your eyes on high and see: who created these? He who brings out their host by number, calling them all by name; by the greatness of his might and because he is strong in power, not one is missing. (Isaiah 40:25-26)

## Ancient Prayers and Hymns

**The Pillars of the Earth, A Prayer of Hannah (1 Samuel 2:1-4, 7-8)**

My heart exults in the Lord; my horn is exalted in the Lord. My mouth derides my enemies, because I rejoice in your salvation. There is none holy like the Lord: for there is none besides you; there is no rock like our God. Talk no more so very proudly, let not arrogance come from your mouth; for the Lord is a God of knowledge, and by him actions are weighed. The bows of the mighty are broken, but the feeble bind on strength. The Lord makes poor and makes rich; he brings low and he exalts. He raises up the poor from the dust; he lifts the needy from the ash heap to make them sit with princes and inherit a seat of honor. For the pillars of the earth are the Lord's, and on them he has set the world.

## Daily Affirmation in Christ

**In Christ, I have Peace with God.**

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. (Romans 5:1)

## Scripture to Pray Without Ceasing

Into your hands I commit my spirit. (Psalm 31:5)

## Benediction

Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen. (Hebrews 13:20-21)

# Day 4

## Trinitarian Reflection

**Father:** The Lord Your Healer (Exodus 15:26)

**Son:** Author of Life (Acts 3:15)

**Spirit:** Rivers of Living Water (John 7:38)

## Confession of Sin

Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy. (Proverbs 28:13)

## Characteristic of God for Praise

**God is UNCHANGING.**

Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. (James 1:17)

## Ancient Prayers and Hymns

### The Way of Peace, A Prayer of Zechariah (Luke 1:68-79)

For he has visited and redeemed his people and has raised up a horn of salvation for us in the house of his servant David, as he spoke by the mouth of his holy prophets from of old, that we should be saved from our enemies and from the hand of all who hate us; to show the mercy promised to our fathers and to remember his holy covenant, the oath that he swore to our father Abraham, to grant us that we, being delivered from the hand of our enemies, might serve him without fear, in holiness and righteousness before him all our days. And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways, to give knowledge of salvation to his people in the forgiveness of their sins, because of the tender mercy of our God, whereby the sunrise shall visit us from on high to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace.

## Daily Affirmation in Christ

**In Christ, I Will Never Be Condemned.**

There is therefore now no condemnation for those who are in Christ Jesus. (Romans 8:1)

## Scripture to Pray Without Ceasing

In your presence there is fullness of joy. (Psalm 16:11)

## Benediction

Blessed be the Lord, the God of Israel, who alone does wondrous things. Blessed be his glorious name forever; may the whole earth be filled with his glory! Amen and Amen! (Psalm 72:18-19)

# Day 5

## Trinitarian Reflection

**Father:** The Lord is My Banner (Exodus 17:15)

**Son:** Beginning and End (Revelation 22:13)

**Spirit:** The Promised Holy Spirit (Ephesians 1:13)

## Confession of Sin

I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin. (Psalm 32:5)

## Characteristic of God for Praise

**God is EVERLASTING.**

Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God. (Psalm 90:2)

## Ancient Prayers and Hymns

### Streams in the Desert (Isaiah 35:1-2, 5-6,10)

The wilderness and the dry land shall be glad; the desert shall rejoice and blossom like the crocus; it shall blossom abundantly and rejoice with joy and singing. The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon. They shall see the glory of the Lord, the majesty of our God. Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then shall the lame man leap like a deer, and the tongue of the mute sing for joy. For waters break forth in the wilderness, and streams in the desert. And the ransomed of the Lord shall return and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain gladness and joy, and sorrow and sighing shall flee away.

## Daily Affirmation in Christ

**In Christ, I am Adopted by God.**

For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" The Spirit himself bears witness with our spirit that we are children of God. (Romans 8:15-16)

## Scripture to Pray Without Ceasing

Wondrously show your steadfast love. (Psalm 17:7)

## Benediction

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. (Romans 15:13)

# Day 6

## Trinitarian Reflection

**Father:** The Lord Who Sanctifies You (Leviticus 20:8)

**Son:** King of kings and Lord of lords (Revelation 19:16)

**Spirit:** The Spirit of Truth (John 15:26)

## Confession of Sin

O Lord, the great and awesome God, who keeps covenant and steadfast love with those who love him and keep his commandments, we have sinned and done wrong and acted wickedly and rebelled, turning aside from your commandments and rules. (Daniel 9:4-5)

## Characteristic of God for Praise

**God is EVER-PRESENT.**

Am I a God at hand, declares the Lord, and not a God far away? Can a man hide himself in secret places so that I cannot see him? declares the Lord. Do I not fill heaven and earth? declares the Lord. (Jeremiah 23:23-24)

## Ancient Prayers and Hymns

**The Spirit of the Lord (Isaiah 61:1-3, 10-11)**

The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; to grant to those who mourn in Zion—to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord, that he may be glorified. I will greatly rejoice in the Lord; my soul shall exult in my God, for he has clothed me with the garments of salvation; he has covered me with the robe of righteousness, as a bridegroom decks himself like a priest with a beautiful headdress, and as a bride adorns herself with her jewels. For as the earth brings forth its sprouts, and as a garden causes what is sown in it to sprout up, so the Lord God will cause righteousness and praise to sprout up before all the nations.

## Daily Affirmation in Christ

**In Christ, God is Working All Things Together for My Good.**

And we know that for those who love God all things work together for good, for those who are called according to his purpose. (Romans 8:28)

## Scripture to Pray Without Ceasing

Keep me as the apple of your eye. (Psalm 17:8)

## Benediction

Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. He who calls you is faithful; he will surely do it. (1 Thessalonians 5:23-24)

# Day 7

## Trinitarian Reflection

**Father:** The Lord is Peace (Judges 6:24)

**Son:** Bright Morning Star (Revelation 22:16)

**Spirit:** The Spirit of God (Romans 8:9)

## Confession of Sin

While Ezra prayed and made confession, weeping and casting himself down before the house of God, a very great assembly of men, women, and children, gathered to him out of Israel, for the people wept bitterly. (Ezra 10:1)

## Characteristic of God for Praise

**God is ALL-POWERFUL.**

Ah, Lord God! It is you who have made the heavens and the earth by your great power and by your outstretched arm! Nothing is too hard for you. (Jeremiah 32:17)

## Ancient Prayers and Hymns

**Who is Like You? A Hymn of Moses (Exodus 15:1-2,11,13,17-18)**

I will sing to the Lord, for he has triumphed gloriously; the horse and his rider he has thrown into the sea. The Lord is my strength and my song, and he has become my salvation; this is my God, and I will praise him, my father's God, and I will exalt him. Who is like you, O Lord, among the gods? Who is like you, majestic in holiness, awesome in glorious deeds, doing wonders? You have led in your steadfast love the people whom you have redeemed; you have guided them by your strength to your holy abode. You will bring them in and plant them on your own mountain, the place, O Lord, which you have made for your abode, the sanctuary, O Lord, which your hands have established. The Lord will reign forever and ever.

## Daily Affirmation in Christ

**In Christ, I am Predestined, Called, Justified, and Glorified.**

And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified. (Romans 8:30)

## Scripture to Pray Without Ceasing

Remember your mercy, O Lord. (Psalm 25:6)

## Benediction

Grace, mercy, and peace will be with us, from God the Father and from Jesus Christ the Father's Son, in truth and love. (2 John 1:3)

# Day 8

## Trinitarian Reflection

**Father:** The Lord is Our Righteousness (Jeremiah 33:16)

**Son:** Cornerstone (Ephesians 2:20)

**Spirit:** A Dove (Matthew 3:16)

## Confession of Sin

Let your ear be attentive and your eyes open, to hear the prayer of your servant that I now pray before you day and night for the people of Israel your servants, confessing the sins of the people of Israel, which we have sinned against you. (Nehemiah 1:6)

## Characteristic of God for Praise

**God is ALL-KNOWING.**

For I am God, and there is no other; I am God, and there is none like me, declaring the end from the beginning and from ancient times things not yet done, saying, "My counsel shall stand, and I will accomplish all my purpose." (Isaiah 46:9-10)

## Ancient Prayers and Hymns

**The Mystery of Godliness, A Hymn of Paul (1 Timothy 3:16)**

Great indeed, we confess, is the mystery of godliness: He was manifested in the flesh, vindicated by the Spirit, seen by angels, proclaimed among the nations, believed on in the world, taken up in glory.

## Daily Affirmation in Christ

**In Christ, I will Never Be Separated from God's Love.**

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. (Romans 8:38-39)

## Scripture to Pray Without Ceasing

My times are in your hand. (Psalm 31:15)

## Benediction

Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all. (2 Thessalonians 3:16)

# Day 9

## Trinitarian Reflection

**Father:** The Lord is My Shepherd (Psalm 23:1)

**Son:** Eternal Life (1 John 1:2)

**Spirit:** The Guarantee of Our Inheritance (Ephesians 1:14)

## Confession of Sin

There is no soundness in my flesh because of your indignation; there is no health in my bones because of my sin. For my iniquities have gone over my head; like a heavy burden, they are too heavy for me. (Psalm 38:3-4)

## Characteristic of God for Praise

**God is SPIRIT.**

God is spirit, and those who worship him must worship in spirit and truth. (John 4:24)

## Ancient Prayers and Hymns

### **The Immeasurable Greatness of His Power, A Prayer of Paul (Ephesians 1:15-23)**

For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, I do not cease to give thanks for you, remembering you in my prayers, that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him, having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. And he put all things under his feet and gave him as head over all things to the church, which is his body, the fullness of him who fills all in all.

## Daily Affirmation in Christ

**In Christ I am Wise, Righteous, Sanctified, and Redeemed.**

And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness and sanctification and redemption. (1 Corinthians 1:30)

## Scripture to Pray Without Ceasing

Make your face shine on your servant. (Psalm 31:16)

## Benediction

Peace be to the brothers, and love with faith, from God the Father and the Lord Jesus Christ. Grace be with all who love our Lord Jesus Christ with love incorruptible. (Ephesians 6:23-24)

# Day 10

## Trinitarian Reflection

**Father:** The Lord is There (Ezekiel 48:35)

**Son:** Faithful and True (Revelation 19:11)

**Spirit:** The Wind (John 3:8)

## Confession of Sin

Forgive us our sins, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation. (Luke 11:4)

## Characteristic of God for Praise

**God is CREATOR.**

In the beginning, God created the heavens and the earth. (Genesis 1:1)

## Ancient Prayers and Hymns

### You Will Ordain Peace, A Hymn of Isaiah (Isaiah 26:1-4,7-9,12)

We have a strong city; he sets up salvation as walls and bulwarks. Open the gates, that the righteous nation that keeps faith may enter in. You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the Lord forever, for the Lord God is an everlasting rock. The path of the righteous is level; you make level the way of the righteous. In the path of your judgments, O Lord, we wait for you; your name and remembrance are the desire of our soul. My soul yearns for you in the night; my spirit within me earnestly seeks you. For when your judgments are in the earth, the inhabitants of the world learn righteousness. O Lord, you will ordain peace for us, for you have indeed done for us all our works.

## Daily Affirmation in Christ

**In Christ, I Have the Mind of Christ.**

For who has understood the mind of the Lord so as to instruct him? But we have the mind of Christ. (1 Corinthians 2:16)

## Scripture to Pray Without Ceasing

You surround me with shouts of deliverance. (Psalm 32:7)

## Benediction

May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. (Romans 15:5-6)

# Day 11

## Trinitarian Reflection

**Father:** The Lord of Hosts (Isaiah 1:24)

**Son:** Firstborn of the Dead (Revelation 1:5)

**Spirit:** The Spirit of Life (Romans 8:2)

## Confession of Sin

What shall we say then? Are we to continue in sin that grace may abound? By no means! How can we who died to sin still live in it? (Romans 6:1-2)

## Characteristic of God for Praise

**God is PERSONAL.**

And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent. (John 17:3)

## Ancient Prayers and Hymns

**Worthy is the Lamb (Revelation 4:11, 5:9-10, 12,13)**

Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created. Worthy are you to take the scroll and to open its seals, for you were slain, and by your blood you ransomed people for God from every tribe and language and people and nation, and you have made them a kingdom and priests to our God, and they shall reign on the earth. Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might and honor and glory and blessing! To him who sits on the throne and to the Lamb be blessing and honor and glory and might forever and ever!

## Daily Affirmation in Christ

**In Christ, All Things Are Mine.**

For all things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future—all are yours, and you are Christ's, and Christ is God's. (1 Corinthians 3:21-23)

## Scripture to Pray Without Ceasing

O Lord, be not far from me! (Psalm 35:22)

## Benediction

May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord. (2 Peter 1:2)

# Day 12

## Trinitarian Reflection

**Father:** Most High (2 Samuel 22:14)

**Son:** Founder and Perfecter of our Faith (Hebrews 12:2)

**Spirit:** The Spirit of Adoption (Romans 8:15)

## Confession of Sin

So whoever knows the right thing to do and fails to do it, for him it is sin. (James 4:17)

## Characteristic of God for Praise

**God is LOVE.**

God is love, and whoever abides in love abides in God, and God abides in him. (1 John 4:16)

## Ancient Prayers and Hymns

**Seek His Presence, A Hymn of David (1 Chronicles 16:8-14, 23-27,36)**

Oh give thanks to the Lord; call upon his name; make known his deeds among the peoples! Sing to him, sing praises to him; tell of all his wondrous works! Glory in his holy name; let the hearts of those who seek the Lord rejoice! Seek the Lord and his strength; seek his presence continually! Remember the wondrous works that he has done, his miracles and the judgments he uttered, O offspring of Israel his servant, children of Jacob, his chosen ones! He is the Lord our God; his judgments are in all the earth. Sing to the Lord, all the earth! Tell of his salvation from day to day. Declare his glory among the nations, his marvelous works among all the peoples! For great is the Lord, and greatly to be praised, and he is to be feared above all gods. For all the gods of the peoples are worthless idols, but the Lord made the heavens. Splendor and majesty are before him; strength and joy are in his place. Blessed be the Lord, the God of Israel, from everlasting to everlasting!

## Daily Affirmation in Christ

**In Christ, I am Anointed and Sealed by the Holy Spirit.**

And it is God who establishes us with you in Christ, and has anointed us, and who has also put his seal on us and given us his Spirit in our hearts as a guarantee. (2 Corinthians 1:21-22)

## Scripture to Pray Without Ceasing

Make haste to help me, O Lord! (Psalm 38:22)

## Benediction

To him who loves us and has freed us from our sins by his blood and made us a kingdom, priests to his God and Father, to him be glory and dominion forever and ever. Amen.

(Revelation 1:5-6)

# Day 13

## Trinitarian Reflection

**Father:** God of Seeing (Genesis 16:13)

**Son:** Good Shepherd (John 10:11)

**Spirit:** The Spirit of Grace (Hebrews 10:29)

## Confession of Sin

If we say we have no sin, we deceive ourselves, and the truth is not in us. (1 John 1:8)

## Characteristic of God for Praise

**God is GOOD.**

Oh give thanks to the Lord, for he is good; for his steadfast love endures forever! (1 Chronicles 16:34)

## Ancient Prayers and Hymns

### The Image of the Invisible God, A Hymn of Paul (Colossians 1:15-20)

He is the image of the invisible God, the firstborn of all creation. For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. And he is before all things, and in him all things hold together. And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.

## Daily Affirmation in Christ

**In Christ, I am a New Creation.**

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. (2 Corinthians 5:17)

## Scripture to Pray Without Ceasing

O Lord, make me know my end. (Psalm 39:4)

## Benediction

Blessed is the one whose transgression is forgiven, whose sin is covered. Blessed is the man against whom the Lord counts no iniquity, and in whose spirit there is no deceit. (Psalm 32:1-2)

# Day 14

## Trinitarian Reflection

**Father:** Everlasting God (Genesis 21:33)

**Son:** Great High Priest (Hebrews 4:14)

**Spirit:** The Promise of the Father (Acts 1:4)

## Confession of Sin

For I am ready to fall, and my pain is ever before me. I confess my iniquity; I am sorry for my sin. (Psalm 38:17-18)

## Characteristic of God for Praise

**God is HOLY.**

For thus says the One who is high and lifted up, who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, and also with him who is of a contrite and lowly spirit, to revive the spirit of the lowly, and to revive the heart of the contrite." (Isaiah 57:15)

## Ancient Prayers and Hymns

**The Lord's Prayer (Matthew 6:9-13)**

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

## Daily Affirmation in Christ

**In Christ, The Son of God Lives Through Me.**

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. (Galatians 2:20)

## Scripture to Pray Without Ceasing

Send out your light and your truth. (Psalm 43:3)

## Benediction

Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen. (Jude 1:24-25)

# Day 15

## Trinitarian Reflection

**Father:** Ancient of Days (Daniel 7:14)

**Son:** Lamb of God (John 1:29)

**Spirit:** The Spirit of Him Who Raised Jesus from the Dead (Romans 8:11)

## Confession of Sin

Return, O Israel, to the Lord your God, for you have stumbled because of your iniquity. (Hosea 14:1)

## Characteristic of God for Praise

**God is GRACIOUS.**

The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin, but who will by no means clear the guilty, visiting the iniquity of the fathers on the children and the children's children, to the third and the fourth generation. (Exodus 34:6-7)

## Ancient Prayers and Hymns

**He Will Raise Us Up (Hosea 6:1-3)**

Come, let us return to the Lord; for he has torn us, that he may heal us; he has struck us down, and he will bind us up. After two days he will revive us; on the third day he will raise us up, that we may live before him. Let us know; let us press on to know the Lord; his going out is sure as the dawn; he will come to us as the showers, as the spring rains that water the earth.

## Daily Affirmation in Christ

**In Christ, I am a Child and Heir of God.**

So you are no longer a slave, but a son, and if a son, then an heir through God. (Galatians 4:7)

## Scripture to Pray Without Ceasing

In the shadow of your wings I will take refuge. (Psalm 57:1)

## Benediction

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen. (Ephesians 3:20-21)

# Day 16

## Trinitarian Reflection

**Father:** Possessor of Heaven and Earth (Genesis 14:22)

**Son:** True Light (John 1:9)

**Spirit:** The Spirit of Christ (Romans 8:9)

## Confession of Sin

O God, you know my folly; the wrongs I have done are not hidden from you. (Psalm 69:5)

## Characteristic of God for Praise

**God is TRUE.**

But the Lord is the true God; he is the living God and the everlasting King. (Jeremiah 10:10)

## Ancient Prayers and Hymns

### The Voice of Thanksgiving, A Prayer of Jonah (Jonah 2:2-9)

I called out to the Lord, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice. For you cast me into the deep, into the heart of the seas, and the flood surrounded me; all your waves and your billows passed over me. Then I said, "I am driven away from your sight; yet I shall again look upon your holy temple." The waters closed in over me to take my life; the deep surrounded me; weeds were wrapped about my head at the roots of the mountains. I went down to the land whose bars closed upon me forever; yet you brought up my life from the pit, O Lord my God. When my life was fainting away, I remembered the Lord, and my prayer came to you, into your holy temple. Those who pay regard to vain idols forsake their hope of steadfast love. But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the Lord!

## Daily Affirmation in Christ

**In Christ, I am Free from Sin.**

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery. (Galatians 5:1)

## Scripture to Pray Without Ceasing

Lead me to the rock that is higher than I. (Psalm 61:2)

## Benediction

But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity. Amen. (2 Peter 3:18)

# Day 17

## Trinitarian Reflection

**Father:** Holy One of Israel (Isaiah 41:14)

**Son:** Judge of the Living and the Dead (Acts 10:42)

**Spirit:** The Spirit of Wisdom and Understanding (Isaiah 11:2)

## Confession of Sin

Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death. (James 1:13-15)

## Characteristic of God for Praise

### God is INCOMPREHENSIBLE.

Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways! "For who has known the mind of the Lord, or who has been his counselor?" "Or who has given a gift to him that he might be repaid?" For from him and through him and to him are all things. To him be glory forever. Amen. (Romans 11:33-36)

## Ancient Prayers and Hymns

### According to Your Word, A Prayer of Simeon (Luke 2:29-32)

Lord, now you are letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you have prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to your people Israel.

## Daily Affirmation in Christ

### In Christ, I Have Every Spiritual Blessing.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places. (Ephesians 1:3)

## Scripture to Pray Without Ceasing

Teach me your way, O Lord. (Psalm 86:11)

## Benediction

Grace to you and peace from God our Father and the Lord Jesus Christ, who gave himself for our sins to deliver us from the present evil age, according to the will of our God and Father, to whom be the glory forever and ever. Amen. (Galatians 1:3-5)

# Day 18

## Trinitarian Reflection

**Father:** Our Redeemer from of Old (Isaiah 63:16)

**Son:** Blessed and Only Sovereign (1 Timothy 6:15)

**Spirit:** The Spirit of Counsel and Might (Isaiah 11:2)

## Confession of Sin

Remember therefore from where you have fallen; repent, and do the works you did at first. (Revelation 2:5)

## Characteristic of God for Praise

**God is WRATHFUL.**

For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who by their unrighteousness suppress the truth. (Romans 1:18)

## Ancient Prayers and Hymns

### The Magnificat, A Prayer of Mary (Luke 1:46-55)

My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked on the humble estate of his servant. For behold, from now on all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name. And his mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts; he has brought down the mighty from their thrones and exalted those of humble estate; he has filled the hungry with good things, and the rich he has sent away empty. He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his offspring forever.

## Daily Affirmation in Christ

**In Christ, I Have Redemption and Forgiveness.**

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. (Ephesians 1:7)

## Scripture to Pray Without Ceasing

Show me a sign of your favor. (Psalm 86:17)

## Benediction

Now may our Lord Jesus Christ himself, and God our Father, who loved us and gave us eternal comfort and good hope through grace, comfort your hearts and establish them in every good work and word. (2 Thessalonians 2:16-17)

# Day 19

## Trinitarian Reflection

**Father:** The Living God (Psalm 84:2)

**Son:** Hope of Glory (Colossians 1:27)

**Spirit:** The Spirit of Knowledge (Isaiah 11:2)

## Confession of Sin

If you, O Lord, should mark iniquities, O Lord, who could stand? But with you there is forgiveness, that you may be feared. (Psalm 130:3-4)

## Characteristic of God for Praise

**God is MERCIFUL.**

But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved. (Ephesians 2:4-5)

## Ancient Prayers and Hymns

### The Hollow of His Hand (Isaiah 40:10-17)

Behold, the Lord God comes with might, and his arm rules for him; behold, his reward is with him, and his recompense before him. He will tend his flock like a shepherd; he will gather the lambs in his arms; he will carry them in his bosom, and gently lead those that are with young. Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure and weighed the mountains in scales and the hills in a balance? Who has measured the Spirit of the Lord, or what man shows him his counsel? Whom did he consult, and who made him understand? Who taught him the path of justice, and taught him knowledge, and showed him the way of understanding? Behold, the nations are like a drop from a bucket, and are accounted as the dust on the scales; behold, he takes up the coastlands like fine dust. Lebanon would not suffice for fuel, nor are its beasts enough for a burnt offering. All the nations are as nothing before him, they are accounted by him as less than nothing and emptiness.

## Daily Affirmation in Christ

**In Christ, I Belong in God's Kingdom.**

He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins. (Colossians 1:13)

## Scripture to Pray Without Ceasing

Teach us to number our days. (Psalm 90:12)

## Benediction

The Lord will rescue me from every evil deed and bring me safely into his heavenly kingdom. To him be the glory forever and ever. Amen. (2 Timothy 4:18)

# Day 20

## Trinitarian Reflection

**Father:** God of Knowledge (1 Samuel 2:3)

**Son:** Last Adam (1 Corinthians 15:45)

**Spirit:** The Spirit of Holiness (Romans 1:4)

## Confession of Sin

For sin will have no dominion over you, since you are not under law but under grace. (Romans 6:14)

## Characteristic of God for Praise

**God is FAITHFUL.**

Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations. (Deuteronomy 7:9)

## Ancient Prayers and Hymns

### Who Will Not Fear? (Revelation 15:3-4)

Great and amazing are your deeds, O Lord God the Almighty! Just and true are your ways, O King of the nations! Who will not fear, O Lord, and glorify your name? For you alone are holy. All nations will come and worship you, for your righteous acts have been revealed.

## Daily Affirmation in Christ

### In Christ, I Have Citizenship in Heaven.

But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself. (Philippians 3:20)

## Scripture to Pray Without Ceasing

Keep steady my steps according to your promise. (Psalm 119:133)

## Benediction

The God of peace will soon crush Satan under your feet. The grace of our Lord Jesus Christ be with you. (Romans 16:20)

# Day 21

## Trinitarian Reflection

**Father:** God of Our Salvation (Psalm 65:5)

**Son:** Our Passover Lamb (1 Corinthians 5:7)

**Spirit:** Spirit of the Living God (2 Corinthians 3:3)

## Confession of Sin

My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. (1 John 2:1)

## Characteristic of God for Praise

### God is WISE.

Blessed be the name of God forever and ever, to whom belong wisdom and might. He changes times and seasons; he removes kings and sets up kings; he gives wisdom to the wise and knowledge to those who have understanding; he reveals deep and hidden things; he knows what is in the darkness, and the light dwells with him. (Daniel 2:20-22)

## Ancient Prayers and Hymns

### The Lamb Will Be Their Shepherd (Revelation 7:10, 12, 15-17)

Salvation belongs to our God who sits on the throne, and to the Lamb! Amen! Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen. Therefore they are before the throne of God, and serve him day and night in his temple; and he who sits on the throne will shelter them with his presence. They shall hunger no more, neither thirst anymore; the sun shall not strike them, nor any scorching heat. For the Lamb in the midst of the throne will be their shepherd, and he will guide them to springs of living water, and God will wipe away every tear from their eyes.

## Daily Affirmation in Christ

### In Christ, I am God's Workmanship.

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. (Ephesians 2:10)

## Scripture to Pray Without Ceasing

The Lord will fulfill his purpose for me. (Psalm 138:8)

## Benediction

Blessed be God, because he has not rejected my prayer or removed his steadfast love from me! (Psalm 66:20)

# Day 22

## Trinitarian Reflection

**Father:** Father of the Fatherless (Psalm 68:5)

**Son:** Image of the Invisible God (Colossians 1:15)

**Spirit:** The Spirit of the Lord (1 Samuel 10:6)

## Confession of Sin

“Yet even now,” declares the Lord, “return to me with all your heart, with fasting, with weeping, and with mourning; and rend your hearts and not your garments.” Return to the Lord your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster. (Joel 2:12-13)

## Characteristic of God for Praise

**God is JUST.**

The Rock, his work is perfect, for all his ways are justice. A God of faithfulness and without iniquity, just and upright is he. (Deuteronomy 32:4)

## Ancient Prayers and Hymns

### New Every Morning (Lamentations 3:22-26)

The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. “The Lord is my portion,” says my soul, “therefore I will hope in him.” The Lord is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the Lord.

## Daily Affirmation in Christ

### In Christ, My Debt of Sin Has Been Canceled.

And you, who were dead in your trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross. (Colossians 2:13-14)

## Scripture to Pray Without Ceasing

Lead me in the way everlasting. (Psalm 139:24)

## Benediction

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. (2 Corinthians 1:3-4)

# Day 23

## Trinitarian Reflection

**Father:** The First and the Last (Isaiah 48:12)

**Son:** Light of the World (John 8:12)

**Spirit:** The Spirit of Glory (1 Peter 4:14)

## Confession of Sin

Turn away from evil and do good; seek peace and pursue it. (Psalm 34:14)

## Characteristic of God for Praise

**God is GLORIOUS.**

Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all. (1 Chronicles 29:11)

## Ancient Prayers and Hymns

### The Wolf and the Lamb (Isaiah 11:1-6, 9)

There shall come forth a shoot from the stump of Jesse, and a branch from his roots shall bear fruit. And the Spirit of the Lord shall rest upon him, the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord. And his delight shall be in the fear of the Lord. He shall not judge by what his eyes see, or decide disputes by what his ears hear, but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; and he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked. Righteousness shall be the belt of his waist, and faithfulness the belt of his loins. The wolf shall dwell with the lamb, and the leopard shall lie down with the young goat, and the calf and the lion and the fattened calf together; and a little child shall lead them. They shall not hurt or destroy in all my holy mountain; for the earth shall be full of the knowledge of the Lord as the waters cover the sea.

## Daily Affirmation in Christ

**In Christ, I am Hidden in God.**

For you have died, and your life is hidden with Christ in God. (Colossians 3:3)

## Scripture to Pray Without Ceasing

Make me know the way I should go. (Psalm 143:8)

## Benediction

May God be gracious to us and bless us and make his face to shine upon us, that your way may be known on earth, your saving power among all nations. (Psalm 67:1-2)

# Day 24

## Trinitarian Reflection

**Father:** The Fountain of Living Waters (Jeremiah 2:13)

**Son:** Alpha and Omega (Revelation 1:8)

**Spirit:** The Spirit of Your Father (Matthew 10:20)

## Confession of Sin

As for me, I said, "O Lord, be gracious to me; heal me, for I have sinned against you!" (Psalm 41:4)

## Characteristic of God for Praise

**God is ONE.**

Hear, O Israel: The Lord our God, the Lord is one. You shall love the Lord your God with all your heart and with all your soul and with all your might. (Deuteronomy 6:4-5)

## Ancient Prayers and Hymns

### Jesus' High Priestly Prayer (John 17:1-3, 13, 17-26)

Father, the hour has come; glorify your Son that the Son may glorify you, since you have given him authority over all flesh, to give eternal life to all whom you have given him. And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent. But now I am coming to you, and these things I speak in the world, that they may have my joy fulfilled in themselves. Sanctify them in the truth; your word is truth. As you sent me into the world, so I have sent them into the world. And for their sake I consecrate myself, that they also may be sanctified in truth. I do not ask for these only, but also for those who will believe in me through their word, that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. The glory that you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me. Father, I desire that they also, whom you have given me, may be with me where I am, to see my glory that you have given me because you loved me before the foundation of the world. O righteous Father, even though the world does not know you, I know you, and these know that you have sent me. I made known to them your name, and I will continue to make it known, that the love with which you have loved me may be in them, and I in them.

## Daily Affirmation in Christ

**In Christ, I am Loved and Chosen.**

For we know, brothers loved by God, that he has chosen you. (1 Thessalonians 1:4)

## Scripture to Pray Without Ceasing

Teach me to do your will. (Psalm 143:10)

## Benediction

Come, Lord Jesus! The grace of the Lord Jesus be with all. Amen. (Revelation 22:20-21)

# Day 25

## Trinitarian Reflection

**Father:** The Creator of the Ends of the Earth (Isaiah 40:28)

**Son:** Prince of Peace (Isaiah 9:6)

**Spirit:** The One Spirit (1 Corinthians 12:9)

## Confession of Sin

Come now, let us reason together, says the Lord: though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall become like wool. (Isaiah 1:18)

## Characteristic of God for Praise

**God is THREE PERSONS.**

There is one body and one Spirit—just as you were called to the one hope that belongs to your call—one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. (Ephesians 4:4-6)

## Ancient Prayers and Hymns

**The Everlasting Light (Isaiah 60:1-3,18,19)**

Arise, shine, for your light has come, and the glory of the Lord has risen upon you. For behold, darkness shall cover the earth, and thick darkness the peoples; but the Lord will arise upon you, and his glory will be seen upon you. And nations shall come to your light, and kings to the brightness of your rising. Violence shall no more be heard in your land, devastation or destruction within your borders; you shall call your walls Salvation, and your gates Praise. The sun shall be no more your light by day, nor for brightness shall the moon give you light; but the Lord will be your everlasting light, and your God will be your glory.

## Daily Affirmation in Christ

**In Christ, I am a Child of the Light.**

For you are all children of light, children of the day. We are not of the night or of the darkness. (1 Thessalonians 5:5)

## Scripture to Pray Without Ceasing

Let your good Spirit lead me! (Psalm 143:10)

## Benediction

And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen. (1 Peter 5:10-11)

# Day 26

## Trinitarian Reflection

**Father:** God of Glory (Psalm 29:3)

**Son:** The Resurrection and The Life (John 11:25)

**Spirit:** The Spirit Who is From God (1 Corinthians 2:12)

## Confession of Sin

Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. In your struggle against sin you have not yet resisted to the point of shedding your blood. (Hebrews 12:3-4)

## Characteristic of God for Praise

**God is PATIENT.**

The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance. (2 Peter 3:9)

## Ancient Prayers and Hymns

### Your Holy Servant Jesus (Acts 4:24-30)

Sovereign Lord, who made the heaven and the earth and the sea and everything in them, who through the mouth of our father David, your servant, said by the Holy Spirit, “Why did the Gentiles rage, and the peoples plot in vain? The kings of the earth set themselves, and the rulers were gathered together, against the Lord and against his Anointed”—for truly in this city there were gathered together against your holy servant Jesus, whom you anointed, both Herod and Pontius Pilate, along with the Gentiles and the peoples of Israel, to do whatever your hand and your plan had predestined to take place. And now, Lord, look upon their threats and grant to your servants to continue to speak your word with all boldness, while you stretch out your hand to heal, and signs and wonders are performed through the name of your holy servant Jesus.

## Daily Affirmation in Christ

**In Christ, I am Protected from the Evil One.**

But the Lord is faithful. He will establish you and guard you against the evil one. (2 Thessalonians 3:3)

## Scripture to Pray Without Ceasing

Your steadfast love is better than life. (Psalm 63:3)

## Benediction

You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the Lord forever, for the Lord God is an everlasting rock. (Isaiah 26:3-4)

# Day 27

## Trinitarian Reflection

**Father:** God of gods and Lord of lords (Deuteronomy 10:17)

**Son:** Source of Eternal Salvation (Hebrews 5:9)

**Spirit:** His Spirit Who Dwells in You (Romans 8:11)

## Confession of Sin

For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing. (Romans 7:18-19)

## Characteristic of God for Praise

**God is PERFECT.**

You therefore must be perfect, as your heavenly Father is perfect. (Matthew 5:48)

## Ancient Prayers and Hymns

### My Thoughts Are Not Your Thoughts (Isaiah 55:6-11)

Seek the Lord while he may be found; call upon him while he is near; let the wicked forsake his way, and the unrighteous man his thoughts; let him return to the Lord, that he may have compassion on him, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts. For as the rain and the snow come down from heaven and do not return there but water the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it.

## Daily Affirmation in Christ

**In Christ, I Have Direct Access to God.**

For there is one God, and there is one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all. (1 Timothy 2:5-6)

## Scripture to Pray Without Ceasing

The Lord takes pleasure in his people. (Psalm 149:4)

## Benediction

Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit. (Jeremiah 17:7-8)

# Day 28

## Trinitarian Reflection

**Father:** God of My Life (Psalm 42:8)

**Son:** Lion of the Tribe of Judah (Revelation 5:5)

**Spirit:** The Spirit of Wisdom and of Revelation (Ephesians 1:17)

## Confession of Sin

Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting! (Psalm 139:23-24)

## Characteristic of God for Praise

**God is JEALOUS.**

For the Lord your God is a consuming fire, a jealous God. (Deuteronomy 4:24)

## Ancient Prayers and Hymns

### **Pleas for Mercy, A Prayer of Daniel (Daniel 9:4-5,9-10,17-19)**

O Lord, the great and awesome God, who keeps covenant and steadfast love with those who love him and keep his commandments, we have sinned and done wrong and acted wickedly and rebelled, turning aside from your commandments and rules. To the Lord our God belong mercy and forgiveness, for we have rebelled against him and have not obeyed the voice of the Lord our God by walking in his laws, which he set before us by his servants the prophets. Now therefore, O our God, listen to the prayer of your servant and to his pleas for mercy, and for your own sake, O Lord, make your face to shine upon your sanctuary, which is desolate. O my God, incline your ear and hear. Open your eyes and see our desolations, and the city that is called by your name. For we do not present our pleas before you because of our righteousness, but because of your great mercy. O Lord, hear; O Lord, forgive. O Lord, pay attention and act. Delay not, for your own sake, O my God, because your city and your people are called by your name.

## Daily Affirmation in Christ

**In Christ, I Have a Spirit of Power, Love and Self-Control.**

For God gave us a spirit not of fear but of power and love and self-control. (2 Timothy 1:7)

## Scripture to Pray Without Ceasing

Be still and know that I am God. (Psalm 46:10)

## Benediction

Let your steadfast love, O Lord, be upon us, even as we hope in you. (Psalm 33:22)

# Day 29

## Trinitarian Reflection

**Father:** God of the Spirits of All Flesh (Numbers 16:22)

**Son:** Wisdom from God (1 Corinthians 1:30)

**Spirit:** Good Spirit (Nehemiah 9:20)

## Confession of Sin

My son, do not despise the Lord's discipline or be weary of his reproof, for the Lord reproves him whom he loves, as a father the son in whom he delights. (Proverbs 3:11-12)

## Characteristic of God for Praise

**God is COMPASSIONATE.**

As a father shows compassion to his children, so the Lord shows compassion to those who fear him. (Psalm 103:13)

## Ancient Prayers and Hymns

**In Wrath Remember Mercy, A Prayer of Habakkuk (Habakkuk 3:2, 17-19)**

O Lord, I have heard the report of you, and your work, O Lord, do I fear. In the midst of the years revive it; in the midst of the years make it known; in wrath remember mercy. Though the fig tree should not blossom, nor fruit be on the vines, the produce of the olive fail and the fields yield no food, the flock be cut off from the fold and there be no herd in the stalls, yet I will rejoice in the Lord; I will take joy in the God of my salvation. God, the Lord, is my strength; he makes my feet like the deer's; he makes me tread on my high places.

## Daily Affirmation in Christ

**In Christ, I Have a Living Hope.**

Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead. (1 Peter 1:3)

## Scripture to Pray Without Ceasing

The Lord is my Shepherd, I shall not want. (Psalm 23:1)

## Benediction

But you, beloved, building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in the love of God, waiting for the mercy of our Lord Jesus Christ that leads to eternal life. (Jude 1:20-21)

# Day 30

## Trinitarian Reflection

**Father:** Our Father in Heaven (Matthew 6:9)

**Son:** Wonderful Counselor (Isaiah 9:6)

**Spirit:** The Spirit Whom He Has Given Us (1 John 3:24)

## Confession of Sin

Also many of those who were now believers came, confessing and divulging their practices. And a number of those who had practiced magic arts brought their books together and burned them in the sight of all. (Acts 19:18-19)

## Characteristic of God for Praise

**God is LIGHT.**

This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. (1 John 1:5)

## Ancient Prayers and Hymns

### The Fellowship of His Son, A Prayer of Paul (1 Corinthians 1:4-9)

I give thanks to my God always for you because of the grace of God that was given you in Christ Jesus, that in every way you were enriched in him in all speech and all knowledge—even as the testimony about Christ was confirmed among you—so that you are not lacking in any gift, as you wait for the revealing of our Lord Jesus Christ, who will sustain you to the end, guiltless in the day of our Lord Jesus Christ. God is faithful, by whom you were called into the fellowship of his Son, Jesus Christ our Lord.

## Daily Affirmation in Christ

### In Christ, I am Chosen, Royal, Holy, and One of God's People.

But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light. (1 Peter 2:9)

## Scripture to Pray Without Ceasing

In your light do we see light. (Psalm 36:9)

## Benediction

And it is my prayer that your love may abound more and more, with knowledge and all discernment, so that you may approve what is excellent, and so be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God. (Philippians 1:9-11)

# Day 31

## Trinitarian Reflection

**Father:** The Lord Our Maker (Psalm 95:6)

**Son:** Word of God (Revelation 19:13)

**Spirit:** Fire (Matthew 3:11)

## Confession of Sin

Cleanse your hands, you sinners, and purify your hearts, you double-minded. Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. (James 4:8-9)

## Characteristic of God for Praise

**God is PURPOSEFUL.**

And we know that for those who love God all things work together for good, for those who are called according to his purpose. (Romans 8:28)

## Ancient Prayers and Hymns

### The Wells of Salvation (Isaiah 12:1-6)

I will give thanks to you, O Lord, for though you were angry with me, your anger turned away, that you might comfort me. Behold, God is my salvation; I will trust, and will not be afraid; for the Lord God is my strength and my song, and he has become my salvation. With joy you will draw water from the wells of salvation. And you will say in that day: "Give thanks to the Lord, call upon his name, make known his deeds among the peoples, proclaim that his name is exalted. Sing praises to the Lord, for he has done gloriously; let this be made known in all the earth. Shout, and sing for joy, O inhabitant of Zion, for great in your midst is the Holy One of Israel."

## Daily Affirmation in Christ

**In Christ, I Have Overcome the World.**

For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith. (1 John 5:4)

## Scripture to Pray Without Ceasing

My help comes from the Lord. (Psalm 121:2)

## Benediction

You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore. (Psalm 16:11)